

# Children, Food and Health

## ~ A parent's dilemma ~

**3 international speakers talk food, health and what's happening to our kids**

## Hamilton Thursday 26th March 2015

Tauranga Friday 27th March | Auckland Saturday 28th March | Sydney | Melbourne

What's behind the wave of allergies, intolerances and disorders that are affecting our children today? Join a US paediatrician, a mum who unleashed a movement for change and a leading genetics researcher for one thought-provoking evening.



Dr Michelle Perro - in her 30 years work as a paediatrician in the USA Dr Perro has observed the dramatic decline in children's health. From ear infections, to allergies, behavioural disorders and intolerances, Dr Perro believes we need a new toolkit to deal with children's illness. There is compelling evidence that gut disorders (which include leaky gut and a reduced microbiome) are a leading contributor to weaker immune systems; the increase in autoimmune disease and a host of other problems we are seeing.



Zen Honeycutt - This advocate for family health started a movement for change in the future of our children's health. Zen has connected with thousands of mums that have seen a level of illness unprecedented in their families, and taken action to change. This empowering and emotional talk will engage and motivate you.



Dr Michael Antoniou - this scientist and academic is head of the Gene Expression and Therapy Group, Department of Medical and Molecular Genetics, King's College London School of Medicine. Dr Antoniou knows a thing or two about our genes and how they affect us. But perhaps what will be interesting to many is the interconnectedness between our genes and the environment. We are seeing non-communicable illness way beyond the illness loads of our grandparents. Is it not just genetics? Is there more we should know about?

**Find out more about this special event and book your presale tickets by contacting:**

Marea 021 0294 3467 | [wapfhamilton@gmail.com](mailto:wapfhamilton@gmail.com)

<https://www.facebook.com/childrenfoodandhealth>

**7pm, Thursday 26 March 2015**

**Hamilton Gardens, The Pavillion**

**Presale and group tickets on the night \$15 each**

**Door sales \$20 CASH ONLY**